

# *Pineapple Recipes | Pynappel Resepte*



*Tried and Tested Recipes by Nicky Brecher for Wegro Farming (Pty) Ltd /  
Beproeftde en Getoetsde resepte deur Nicky Brecher vir Wegro Farming (Pty) Ltd*

## Pineapple chutney

Yields 750 ml

125 ml finely chopped onion  
10 ml mustard seeds  
125 ml honey  
100 ml sugar  
125 ml vinegar  
750 ml diced fresh pineapple  
1 small red chili, finely chopped  
10 ml curry powder  
3 ml ginger  
1 ml Turmeric  
2 ml salt

Add all ingredients in a heavy based pot. Bring to boil whilst stirring. Lower the heat to medium, and cook down, stirring now and then, for 20 min.  
Bottle and store.



## Pynappel blatjang

Ongeveer 750 ml

125 ml fyngekapte ui

10 ml mosterdsade

125 ml heuning

100 ml suiker

125 ml witasyn

750 ml pynappels in blokkies gesny

1 rooi rissie gekap

10 ml kerriepoeier

3 ml gemmer

5 ml borrie

2 ml sout

Meng alles saam in swaarboom kastrol.

Bring tot kookpunt en roer gereeld. Verlaag tot medium en kook af, roer af en toe, vir ongeveer 20 minute

Bottel en bêre.

